Project title: Remote health and social care for independent living of isolated elderly with chronic conditions

REMOTE International Conference and Workshop
FIANAL PROGRAMME

Nuremberg, Thursday, 4th - 6th July 2012

Organised by:
Netscouts gemeinnützige GmbH
www.netscouts-ggmbH.de

Information: Jitka Hogan
Email: hogan@netscouts.eu
Telephone: +49 (911) 180 95 100
Fax number: +49 (911) 462 63 5 10
**PLENARY & CONFERENCE PREPARATION MEETING**  
*Wednesday, 4th of July 2012*

**Venue:** Eckstein Haus der evang. Luth. Kirche in Nürnberg  
*(Burgstraße 1-3, 90403 Nürnberg)*

<table>
<thead>
<tr>
<th>Timing</th>
<th>Topic</th>
<th>Responsible partner</th>
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<tbody>
<tr>
<td>12:00 – 12:20</td>
<td>Welcome and Reception</td>
<td>Netscouts (N.N.)</td>
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<tr>
<td>12:20 – 13:15</td>
<td>Lunch break</td>
<td>NIK / Catering Eckstein</td>
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<tr>
<td>13:15 – 13:30</td>
<td>Administrative issues (financial reporting, deliverables status)</td>
<td>CERTH/IAB</td>
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<tr>
<td>13:30 – 13:45</td>
<td>Summary of tests (phase 1 &amp; 2) – completed and pending tests</td>
<td>CERTH/IAB</td>
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<td>13:45 – 14:00</td>
<td>D7.3 preparation (Month 38)</td>
<td>UPM</td>
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<tr>
<td>14:00 – 14:30</td>
<td>Local demo events (short summary by each site)</td>
<td>All pilot sites</td>
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<tr>
<td>14:30 – 14:45</td>
<td>Dissemination &amp; final project video</td>
<td>NETSCOUTS</td>
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<tr>
<td>14:45 – 15:00</td>
<td>D8.2 preparation (Month 37)</td>
<td>ATLANA</td>
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<tr>
<td>15:00 – 15:15</td>
<td>WP9: status – plan; D9.2 preparation (Month 39)</td>
<td>MEDEA</td>
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<tr>
<td>15:15 – 15:30</td>
<td>D9.1 update (month 33)</td>
<td>ORTHOLINE</td>
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<tr>
<td>15:30 – 15:45</td>
<td>Coffee break</td>
<td>NIK / Catering Eckstein</td>
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<tr>
<td>15:45 – 16:15</td>
<td>Next day’s Slides review</td>
<td>All</td>
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<tr>
<td>16:15 – 17:00</td>
<td>Next day’s Demo rehearsal</td>
<td>All</td>
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<tr>
<td>18:00</td>
<td>Sightseeing Tour Nuremberg &amp; Dinner</td>
<td>All</td>
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# REMOTE FINAL CONFERENCE

**Thursday, 5th July 2012**

**Venue:** Eckstein Haus der evang. Luth. Kirche in Nürnberg  
(Burgstraße 1-3, 90403 Nürnberg)

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<tbody>
<tr>
<td>9:30 – 10:00</td>
<td>Registration</td>
<td>NIK (Eva Stockmeyer) / Netscouts (Jitka Hogan)</td>
</tr>
<tr>
<td>10:00 – 10:15</td>
<td>Welcome and Conference arrangements (English and German)</td>
<td>Netscouts (N.N.)</td>
</tr>
</tbody>
</table>
| 10:15 – 10:30 | Chronic conditions: The problem – EU Policy (English)                 | Prof. Nikos Maglaveras  
*Project Coordinator* |
| 10:30 – 10:45 | REMOTE project: The concept and S&T Objectives (English)              | Dr. Angelos Bekiaris  
*Project Technical Manager* |
| 10:45 – 11:00 | Coffee break                                                          | NIK / Catering Eckstein                                 |
| 11:00 – 11:15 | Chronic conditions: Medical and user needs                             | Netscouts (NN) / CIMA (NN)                              |
| 11:15 – 11:30 | Remote health and social tele-care: The REMOTE AAL Use Cases          | Dr. Mary Panou  
*CERTH/HIT* |
| 11:30 – 11:45 | Overall architecture and system components                             | Alejandro Aracil  
*TSB* |
| 11:45 – 12:00 | Interface design for chronic patients and care teams                  | Alexandros Mourouzis  
*CERTH/IAB* |
| 12:00 – 12:15 | User monitoring and new sensors                                       | Ben Z. Beiski  
*PEH-MED* |
| 12:15 – 12:30 | Evaluation: methods and results                                       | Dr. Angelina Kouroubali  
*FORTH/ICS* |
| 12:30 – 13:45 | Lunch break                                                           | NIK / Catering Eckstein                                 |
| 13:45-14:00 | Demo foreword                                                         | Alexandros Mourouzis  
*CERTH/IAB* |
| 14:00-14:45 | Live demonstration                                                    | REMOTE Demo group                                       |
| 15:00 – 15:15 | Coffee break                                                          | NIK / Catering Eckstein                                 |
| 15:15 – 15:30 | Business opportunities and plans                                       | Cristiano Paggetti  
*MEDEA* |
| 15:30 – 16:00 | Panel Discussion                                                      | Prof. Nikos Maglaveras  
*(chair)*  
*Project Coordinator* |
# USER-FEEDBACK LOCAL EVENT

**Friday 6th July 2012**

**Venue:** Eckstein Haus der evang. Luth. Kirche in Nürnberg  
(Burgstraße 1-3, 90403 Nürnberg)

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<td>9:45 – 10:00</td>
<td>Foreword</td>
<td>Netscouts (N.N.)</td>
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<tr>
<td>10:00 – 10:20</td>
<td>Introduction to REMOTE</td>
<td>Alexandros Mourouzis</td>
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<td>CERTH/IAB</td>
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<tr>
<td>10:20 – 10:30</td>
<td>The focus of today’s evaluation</td>
<td>Petra Schaller</td>
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<td>Netscouts</td>
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<tr>
<td>10:30 – 11:15</td>
<td>Live Demonstration (PART A)</td>
<td>Netscouts (N.N.)</td>
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<tr>
<td>11:15 – 11:30</td>
<td>Coffee break</td>
<td>NIK / Catering Eckstein</td>
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<tr>
<td>11:30 – 11:45</td>
<td>Live Demonstration (PART B)</td>
<td>CERTH</td>
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<td>11:45-12:00</td>
<td>User-feedback (individual evaluations)</td>
<td>Participants</td>
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<tr>
<td>12:00-12:45</td>
<td>Discussion - Exhibition</td>
<td>All</td>
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<tr>
<td>12:45 – 13:45</td>
<td>Lunch break</td>
<td>NIK / Catering Eckstein</td>
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In parallel to the morning session: Visit of a pilot apartment for Ambient Assisted Living, organized by NIK. Interested participants, maximum 10 persons, of the Plenary Board Meeting or the Final Event can register on Wednesday, July 5th, during the welcome.
LOGISTIC INFORMATION

1. How to get to Nuremberg

By air: There are direct flights from more than 60 destinations in Europe to Nuremberg International Airport (Flughafen). For further information: http://www.airport-nuernberg.de/.

By train: Nuremberg Main Railway station (Hauptbahnhof) is easily reached from all major destinations on the continent. There are hourly direct connections from Hamburg, Berlin, Stuttgart, Munich, Cologne, Vienna, Basle, etc. For further information and booking: www.bahn.de. There might be special offers from the railway company of your country.

By Car: Several major highways (Autobahnen, abr. A) pass Nuremberg, namely the major north south highway A 9 (Berlin – Munich), the A 3 leading from northwest (the Netherlands) to southeast (Austria – Vienna), and the A 6 running east-southwest from Prague to Karlsruhe. More information on German highways in English can be found under: http://en.wikipedia.org/wiki/Autobahns_of_Germany.
2. How to get to the Eckstein

By Public Transport: For local transportation information in English, please refer to: www.vag.de/index.php?l=2. Tickets can be purchased beforehand at vending machines (not IN the underground or tram!) or directly from the bus driver. Choose a single ticket (Einzelfahrkarte) for 1,60 € or the day ticket (Tagesticket Solo) for 4 €.

• From the airport (Flughafen)
  1. Take the underground U2 from Flughafen (Airport) to Röthenbach. It runs every 8-10 minutes during the day and every 10-15 minutes at night till shortly after midnight.
  2. Get off at Rathenauplatz (takes about 10 minutes) and change to bus No. 36 to Plärrer. The bus runs every 10 minutes during the day and every 20 minutes at night.
  3. Leave the bus at Burgstraße (Castle Street) (duration approx. 4-5 minutes from Rathenauplatz).

• From the main railway station (Hauptbahnhof)
  1. Follow the sign to the underground station under the railway station. Take the underground lines U1 to Fürth Hardhöhe or U11 to Eberhardshof (both running alternately every 3-7 minutes during the day and every 10 minutes at night till shortly after midnight).
  2. Leave at the next station U-Bahnhof Lorenzkirche and walk about 10 minutes (see map 2)

Map 1: Complete map of Nuremberg urban public transport: commuter railway system (S, R), underground (U), and tram (Tram). Map is not to scale!
By Car: Nuremberg has a beautiful old city which consists either of pedestrian zones or one-way-roads or otherwise traffic reduced streets. Most open parking spaces are reserved for residents (and illegal parking is fined or at worst your car will be removed). As the economy town hall is in the very heart of the city centre parking is therefore notoriously difficult. However, there are several multi-store car parks nearby within walking distance (see map 3):

- Parkhaus Hauptmarkt, Augustinerstraße 4, 90403 Nuremberg
- Parkhaus Adlerstraße, Adlerstraße 4-8, 90403 Nuremberg
- Parkhaus Hans-Sachs-Platz, Hans-Sachs-Platz 1, 90403 Nuremberg
- Parkhaus Karstadt, Vordere Insel Schütt, 90403 Nuremberg
Map 3: Multi-storey car parks within walking distance to the meeting venue at Eckstein, Burgstraße 1-3.

If you stay in one of the hotels mentioned further down it is strongly recommended to leave the car in the hotel garage and either walk, take a taxi or use the public transport to the meeting venue.

⚠️ By Taxi

- **From the airport to the Eckstein, Burgstraße 1-3**
  Duration: approximately 20-25 minutes
  Transportation cost: 15-17 €

- **From the main railway station to the Eckstein, Burgstraße 1-3**
  Duration: approximately 10 minutes
  Transportation cost: 8-9 €

There are taxi stands both outside the airport and the railway station. If you wish to order a taxi please call 0911 - 19 410. Your hotel can also order one for you.
Hotels near the Meeting Venue
Here you can find some hotel suggestions; please make your final room reservations directly with the hotel. The Hotels are ordered by the number of stars * awarded. They are all either within walking distance to the economy town hall or just a short drive by taxi or public transport.

1) Sheraton Hotel Carlton *****
Tradition meets modernity: Your Sheraton Carlton Hotel. We welcome you in the heart of Nuremberg at the Sheraton Carlton Hotel Nuremberg. The Franconian metropolis spoils you with the best of two worlds: tradition and modernity, trade fairs and recreation. We make Nuremberg into a real experience - for business travellers just as for holiday makers. 5 star, a completely smoke-free, modern ambience and maximum comfort in a central location.
The train station, which is just a few steps from the hotel, is your direct connection to the airport and trade fair grounds. The loveliest sights of the inner city can be discovered on a walk. Kaiserburg in the Nuremberg Castle, attractive shopping options, the alleyways of the Old Town and the Christmas market are all waiting to be discovered. You will soon feel right at home.

- **Address:** Eilgutstrasse 15, 90443 Nuremberg
- **Phone:** +49 911 2003 0
- **Fax:** +49 911 2003 111
- **Email:** info@carlton-nuernberg.de
- **Homepage:** [http://www.sheratonnuernberg.com](http://www.sheratonnuernberg.com)
- **Distance to Meeting Venue:** 1.5 km or approx. 20 minutes walk.

### 2) NH Nuremberg City ****

NH Nuremberg City is located in the very city centre of Nuremberg, just a two-minute walk from the central station (an important hub for ICE and long-distance trains) and a five-minute walk from the old town.

The NH Nuremberg City was built in 2005 as the latest and most modern 4-Star Hotel in Nuremberg. With modern design and fresh ideas, the hotel's 244 rooms are all spacious double rooms, bathed in warm colours and elegant wood floors, particularly suitable for people sensitive to allergies. Your well-deserved rest is ensured by soundproof windows and custom-made 30 cm thick mattresses! Get your day off to a great start with our elaborate fresh breakfast buffet. Enjoy culinary highlights in the Nhube Restaurant and al-fresco dining and refreshing drinks at the “El Patio” summer terrace. For more recreation, head over to the fitness and well-being area, with its solarium, sauna, steam-bath and a well-equipped relaxation room.

- **Address:** Bahnhofstrasse 17-19, D-90402 Nuremberg
- **Tel.** +49.911.99990
- **Fax:** +49.911.9999100
- **E-Mail:** nhnuernbergcity@nh-hotels.com
- **Homepage:** [http://www.nh-hotels.de/nh/de/hotels/deutschland/nurnberg/nh-nuernberg-city.html](http://www.nh-hotels.de/nh/de/hotels/deutschland/nurnberg/nh-nuernberg-city.html)
- **Distance to Meeting Venue:** 1.5 km or approx. 20 minutes walk.

### 3) Holiday Inn Nuremberg City Centre ****

Enjoy Bavarian hospitality in the heart of Nuremberg's Old Town at the Holiday Inn Nuremberg City Centre hotel. Centrally located on a charming cobbled street, our Nuremberg hotel blends contemporary style with Bavarian warmth. Sip coffee on our pavement terrace and plan your day with complimentary wireless Internet in the bright Lobby. Holiday Inn Nuremberg City Centre is 2 minutes’ walk from Weisser Turm U-Bahn station, from where trains serve Nuremberg Airport in just 15 minutes. Break for lunch in the sunny inner courtyard and feel free to use our 2 Business Centre PCs to print your presentation notes. It's a short stroll to the sights of Nuremberg’s medieval Old Town, from imposing Gothic churches to fairytale Nuremberg Castle. Buy fruit by the elaborately painted Beautiful Fountain in Hauptmarkt square and delve into German history at the Germanisches National Museum. See breakfast being prepared in the show kitchen at Holiday Inn Nuremberg City Centre's St Jakob restaurant. Savour organic fare in trendy NitriBizz brasserie and rum cocktails in its Cuban-themed bar. You can work out in our MiniGym and unwind with a relaxing sauna. Call to book our apartment-style rooms with kitchenettes.

- **Address:** Engelhardsgasse 12, D-90402 Nuremberg
- **Phone:** +49-911-242500
- **Fax:** +49-911-24250777
- **Reservations:** 0800 181 7341 or: [http://www.holidayinn.com/hotels/de/de/reservation](http://www.holidayinn.com/hotels/de/de/reservation)
- **Email:** info@hi-nuernberg.de
- **Homepage:** [http://www.hi-nuernberg.de](http://www.hi-nuernberg.de)
- **Distance to Meeting Venue:** 1,5 km or approx. 20 minutes walk.
4) Hotel Agneshof Nuremberg ***
A gem in Nuremberg's old town district. A young hotel with a Mediterranean flair right in the heart of Nuremberg's picturesque old town centre. Hotel Agneshof is located in a quiet, hidden spot in Agnesgasse, between Sebalduskirche church and the Imperial castle, in the best-preserved quarter of the historical inner city.
- Address: Agnesgasse 1, D-90403 Nuremberg
- Phone + 49 (0) 911 / 21 44 40
- Fax + 49 (0) 911 / 21 44 41 44
- Email: agneshof-nuernberg@sorat-hotels.com
- Homepage: http://www.agneshof-nuernberg.de/
- Distance to Meeting Venue: 0,5 km or approx. 5 minutes walk.

5) Hotel Elch ***
The small, family-run hotel Elch is in the idyllic castle quarter of Nuremberg, between the Weinmarkt and the Neutor in the shadow of the Sebalduskirche. The rooms are equipped in the style of times past to suit the half-timbered building from the 14th Century – which was first mentioned as a hostelry in 1342. This gives our guests a certain sense of the original rustic character of the hotel, along with the friendly individuality of the Horka family with which they feel a great association. But modern technology is not missing. We have all the necessary equipment from televisions to internet access and if you have any problems we will be pleased to assist you.
- Address: Irrerstraße 9, D-90403 Nuremberg
- Tel. ++49.(0)911.249 298 0
- Fax: ++49.(0)911.249 298 44
- E-Mail: info@hotel-elch.com
- Homepage: http://www.hotel-elch.com/
- Distance to Meeting Venue: 0,5 km or approx. 5 minutes walk.

NOTE
Further information concerning the place of the social event dinner on Wednesday night 4th of July 2012 will follow by the beginning of July.

If you have any questions and if you need further hotel suggestions please don't hesitate to contact us. We are glad to assist you.

Additional touristic material is already prepared and will be handed out at the first meeting day.

Jitka Hogan
Junior Research Officer / JRO

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Internet: www.netscouts-ggmbh.de